



# Winter Internship Available Now!

**APPLICATION DEADLINE:** Until Filled (multiple positions available)

**LOCATION:** Community and Faith-based organizations in NYC areas: Bronx, Brooklyn, and Manhattan. (For further information you can go to our website)

**TERM:** February 2012 till the end of May 2012. Hours will be established around nutrition education and cooking demonstration workshop schedule. Please be advised that this is a seasonal, non-paid internship; may be eligible for fieldwork credit.

**DESCRIPTION:**

Harvest Home Farmer's Market, "Eating for Good Health" is a two-part, community-centered nutrition education seminar and healthy meal preparation workshop. This workshop aims to address the unique nutritional, health and culinary needs of culturally-diverse families on a limited budget. After the nutrition education seminar, participants will assist with preparing a delicious, healthy communal meal. The objective is to use the everyday experience of "cooking" to build meal preparation skills, encourage social interaction and to reinforce the message that home cooking will save money and encourage healthier eating habits.

We are currently looking for volunteers/interns to assist with registration, community outreach effort, data collection, survey, workshop set-up and breakdown and other related tasks. Volunteer/intern will work with the Community Outreach Coordinator to promote the program by canvassing local community health centers, schools, community organizations and distribute promotional materials and flyers.

This is a great hands-on learning experience for individuals interested in working with nutrition education, food access and health promotion in NYC's underserved communities as well as a great opportunity to do field work in low income neighborhoods. Intern/volunteers will be working with HHFM to encourage residents to eat healthier and increase their intake of nutrients and fiber rich fruits and vegetables.

**QUALIFICATIONS:**

- Possess an interest in making a difference with respect to nutrition, while having a passion for food accessibility and healthy food choices
- Preferably college or graduate students with some nutrition background (college coursework in nutrition preferred)
- Willingness to travel throughout NYC
- Ability to work with diverse populations
- Bilingual preferred; Spanish-speaking a plus
- Flexible schedule, including weekends
- Reliable and dependable

**HOW TO APPLY:** Email resume and cover letter to Harvest Home Farmer's Market at [info@harvesthomefm.org](mailto:info@harvesthomefm.org). Please provide your phone number. **No phone calls please.**